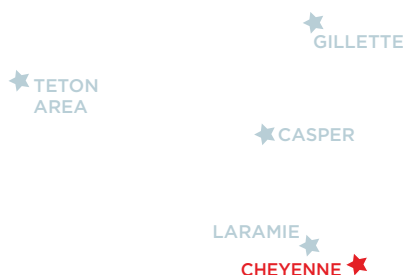
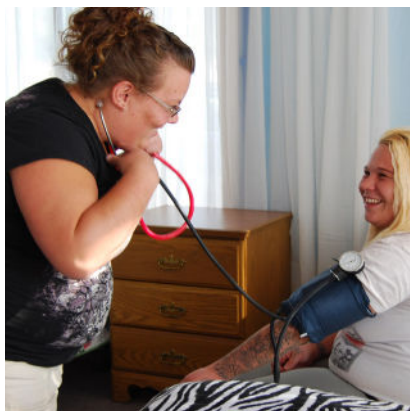


CHEYENNE PROGRAM REPORT

August 2015 – October 2015



Certified Nurse Assistant (CNA)

Includes 120 hours of CNA studies that focus on clinical training and skills required to pass state board tests: assessing vital signs/blood pressure, bathing, feeding, dressing, proper hand washing and lifting.

| | |
|---------------|--------------|
| Parenting | Financial |
| Communication | Literacy |
| Skills | Interviewing |
| Conflict | Workplace |
| Resolution | Safety |
| Nutrition | |

Aspen Wind

Cheyenne Regional Medical Center
Granite Rehabilitation and Wellness

We Can Do It...Together!

"To pass the final state-administered CNA test after this program takes a lot of hard work. In the beginning, several participants said they wouldn't take the test again if they failed the first time. But they worked through this mindset together and decided to say, 'I'll take the test until I pass!'"

One of the graduates passed her CNA test first but still came back for the skills review session to help the others. This moment was such a great example of the group support that happens at CLIMB. Even outside of the program, they provided meals and helped each other with childcare. They started as strangers but were a family by the end."

— Molly Kruger, Cheyenne Program Director

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