# CHEYENNE PROGRAM REPORT

## **CERTIFIED NURSING ASSISTANT (CNA) TRAINING**

FEBRUARY-MAY 2016





### JUST DO IT!

"This group did not skip a beat during this training. They didn't complain; they didn't lose their stride. We created a chart part way through the program to track our progress—but they didn't need it. They had already made up their minds that they were going to complete Climb, each and every step. This perseverance gave them a start at navigating their careers in different ways than they might have expected. Now they have a better understanding of where they go from here and have the skills to think ahead."

- Molly Kruger, Cheyenne Program Director

"Climb Wyoming has given me the security to know that I can succeed, the courage to believe in myself, and the tools to always challenge myself."

- Stormy, Program Participant



#### PARTICIPANTS SERVED:

9 Moms 23 Kids

#### TRAINING DESCRIPTION:

Includes 120 hours of CNA studies that focus on clinical training and skills required to pass state board tests: assessing vital signs/blood pressure, bathing, feeding, dressing, proper hand washing and lifting.

#### **CLASSES COMPLETED:**

Parenting
Communication Skills
Conflict Resolution
Nutrition
Financial Literacy
Interviewing
Workplace Safety

#### **CURRENT/POTENTIAL EMPLOYERS:**

Granite Rehabilitation and Wellness Life Care Center of Cheyenne Cheyenne Regional Medical Center Sierra Hills Assisted Living Aspen Wind Assisted Living Davis Hospice Center Continue Care Home Health