

CASPER PROGRAM REPORT

CERTIFIED NURSING ASSISTANT (CNA) TRAINING
SEPTEMBER–DECEMBER 2016

Climb

W Y O M I N G



FINDING YOUR VOICE

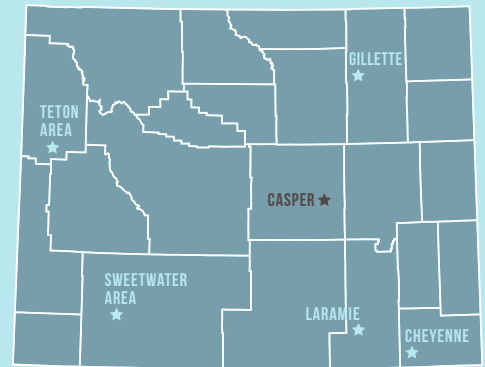
“This group discovered the power in not allowing others to have a negative influence in their lives. During Life Skills sessions, participants had the opportunity to practice taking responsibility for their own feelings and, as a result, their own futures.

For example, one mom realized she had always allowed more assertive people to make decisions for her. Before Climb, she hadn't found her voice and didn't really know who she was. By the time commencement arrived, she had discovered the strength and confidence to begin taking charge of all the important choices in her and her daughter's lives.”

— Lesha Thorvaldson, Casper Program Director

“I learned you can't sit around, nothing will happen if you do.”

— Amanda, Program Participant



PARTICIPANTS SERVED:

9 Moms
14 Kids

TRAINING DESCRIPTION:

Included 90 hours of CNA training in working with the elderly, vital signs, bathing, feeding, lifting, range of motion, special care, infection control and promoting safety on the job. Thank you to our training partner, Life Care Center of Casper!

LIFE SKILLS CLASSES COMPLETED:

Parenting
Communication Skills
Conflict Resolution
Nutrition
Budgeting/Finances
Self-care/Meditation
Workplace Safety

CURRENT/POTENTIAL EMPLOYERS:

Shepherd of the Valley
Wyoming Medical Center
All About Family
Central Wyoming Hospice
Elkhorn Valley
Rehabilitation Hospital

— Restoring Hope for Generations