# SWEETWATER Program Report

## **CERTIFIED NURSING ASSISTANT (CNA) TRAINING**

OCTOBER-DECEMBER 2016



Y O M I N G



### **READY TO MAKE A CHANGE**

"These participants came to Climb motivated to make positive changes in their lives. Many were struggling with housing, either living with relatives or something temporary. During the program, not a single participant missed a day of CNA training. They all had job interviews lined up before commencement.

Climb not only helped them start earning an average of \$13 an hour with paid benefits, but also work through tough past experiences to find a way to be happy. Several have now moved into permanent housing. These graduates are employed in careers that allow them to successfully support their families and provide critically needed services to the communities of Rock Springs and Green River."

- Brittany Gray, Sweetwater Program Director

"I am becoming a person who is a role model, someone people look up to."

— Tabatha, Program Participant



#### **PARTICIPANTS SERVED:**

10 Moms 16 Kids

#### **TRAINING DESCRIPTION:**

Included 99 hours of CNA training in partnership with **Mission at Castle Rock Rehabilitation Center**. Classes covered taking vital signs, perineal care, bathing, feeding, lifting, range of motion, special care, infection control and promoting safety.

#### LIFE SKILLS CLASSES COMPLETED:

Parenting Communication Skills Conflict Resolution Nutrition Budgeting/Finances Self-care/Fitness Workplace Safety

#### **CURRENT/POTENTIAL EMPLOYERS:**

Mission at Castle Rock Rehabilitation Center Sage View Care Center Rocky Mountain Home Health Best Home Health

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