

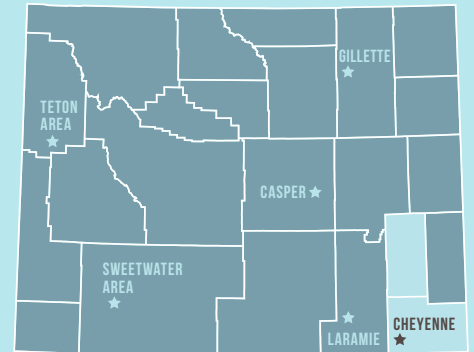
# CHEYENNE PROGRAM REPORT

## CERTIFIED NURSING ASSISTANT (CNA) TRAINING

MARCH-JUNE 2017

# Climb

W Y O M I N G



### PARTICIPANTS SERVED:

12 Moms  
20 Kids

### TRAINING DESCRIPTION:

Included 120 hours of CNA training with classes in taking vital signs, perineal care, bathing, feeding, lifting, range of motion, special care, infection control and promoting safety.

### LIFE SKILLS CLASSES COMPLETED:

Parenting  
Communication Skills  
Conflict Resolution  
Nutrition  
Budgeting/Finances  
Self-care  
Workplace Safety

### EMPLOYERS:

Cheyenne Healthcare  
Cheyenne Regional Medical Center  
Continue Care Home Health  
Granite Rehabilitation

### RESILIENCE PAYS OFF

“The first word that comes to mind for these women is *resilience*. With an average wage of \$13/hour and paid benefits, they can now successfully support their families and have an opportunity for career growth in the nursing field. They all bring a diverse set of skills to their employers and a common passion for providing care to others. Their hard work and resilience got them to where they are today. They are licensed, working and excited to be health care professionals in our community.”

— Molly Kruger, Cheyenne Program Director

**“I’m starting work at my dream job and am going to continue my career to one day become an RN. I’m blessed to have been chosen for the program to better not only my life but my son’s as well.”**

— Kelly, Program Participant

— Restoring Hope for Generations